PSYB19-137 Introduction to Adult and Child Clinical Psychology

Aim of the course

The global aim of the course is to provide students with basic but broad knowledge, skills and a perspective from adult and child clinical psychology.

Learning outcome, competences:
You will acquire knowledge about several topics from clinical psychology such as:
- Theories and models (based on solid studies) of psychopathology (etiology, manifestation, and its dynamics).
- Diagnostic systems
- The diverse (treatment) approaches from clinical psychology.

Attitude:
- Students will acquire a perspective from clinical-psychology, taking into account the complex interplay between biological, psychological, and social factors.

Skills:
- Students will discover how methods and principles from clinical psychology can be applied to diagnose and treat psychopathology.
- The foundation will be provided that prepares students for advanced training in clinical psychology.

Content of the course
- Methods of assessment
- Anxiety disorders
- Somatic Symptom & dissociative disorders
- Mood disorders
- Eating and sleep-wake disorders
- Sexual disorders
- Addiction and impulse-control disorders
- Personality disorders
- Psychotic disorders
- Neurodevelopmental disorders
- Neurocognitive disorders

Learning activities, learning methods
Primary knowledge acquisition will be via lectures and by reading the mandatory material.

Evaluation of outcomes

- Final (digital) exam consisting of 30 multiple choice questions (>51% correct = pass)
- Grade bonus (+1) for noteworthy additional work in the context of clinical psychology: i.e. participation in two experiments in clinical psychology, providing a presentation during class on a related topic, or writing a short review.

Compulsory reading

Barlow, D.H., and Durand, V.M. (2015). Abnormal Psychology: An Integrative Approach, 7th Edition (Wadsworth Publishing).

For each lecture the required readings (book chapters/articles) are outlined, and it is expected that you have read these prior to class.

Canvas and the Open Science Framework will be used as the Learning Management System for the current course. You can find all course details, relevant information/data, and notifications via: canvas.elte.hu

You have to click on "Belépés Neptun hozzáféréssel" (circled in figure 1). Subsequently you can enter your Neptune ID and password and you can go to the respective course.
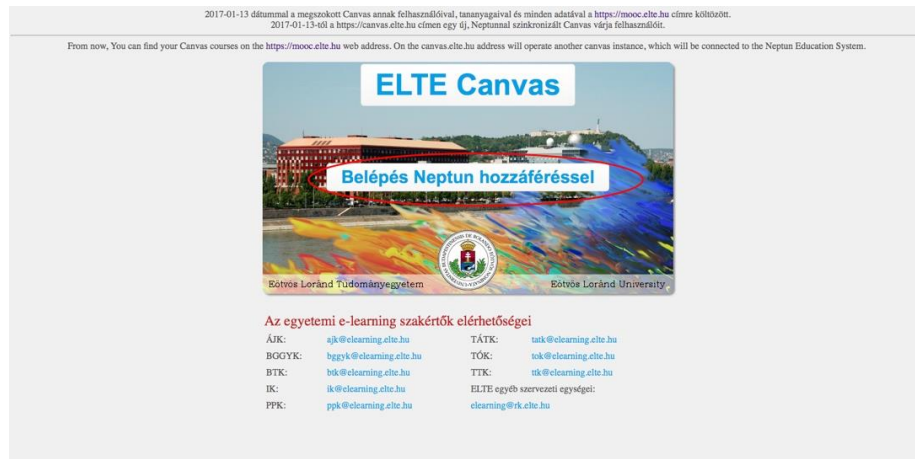

Figure 1. canvas.elte.hu webpage, interface.

SYLLABUS

February 13:   Introduction to Adult and Child Clinical Psychology
Chapters 1, 2

February 20:   Methods of assessment
Chapters 3, 4

February 27:   Anxiety Disorders
Chapter 5

March 6:   Somatic Symptom and Dissociative Disorders
Chapter 6

March 13:   Mood Disorders
Chapter 7

March 20:   Eating and Sleep-Wake Disorders
Chapter 8

March 27:   Sexual Disorders
Chapter 10

April 3 :   Addiction and Impulse-Control Disorders
Chapter 11

April 10:   Personality Disorders
                   Chapter 12

April 24:   Psychotic Disorders
                   Chapter 13

May 1:   Neurodevelopmental Disorders and
                   Chapters 14

May 8:   Neurocognitive Disorders
                   Chapter 15

May 15:   General discussion